

## ROUNDHAY RUNNERS - CLUB RECORDS AND NOTABLE ACHIEVEMENTS

1 mile																
	Senior		V35		V40		V45		V50		V55		V60		V70+	
Male	Callum Elson	03:59:71	Andy Turner	00:05:02	Steve Pinn	05:01:40	Innes Young	05:13:60	Matt Blakeley	05:28:90	Phil Burton	05:43:20	John Walker	00:06:25		
	David Hemery Valentine Invitational	Feb-22	HPH Summer Mile	Jun-23	Leeds Golden Mile	Sep-19	Leeds Golden Mile	Sep-22	Leeds Golden Mile	Sep-22	Leeds Golden Mile	Sep-21	HPH Summer Mile	Jun-21		
Female	Laura Dransfield	00:05:40	Nicola Walmsley	00:05:32	Charlotte Wills	05:28:20	Susan Lewis	05:19:80	Morag Fowler	05:47:50					Maureen Coffey	00:09:04
	Leeds Golden Mile	Sep-13	Leeds Golden Mile	Sep-19	Leeds Golden Mile	Sep-21	Leeds Golden Mile	Sep-21	Leeds Golden Mile	Sep-23					Leeds Golden Mile	Sep-19

5K / 5000m / Parkrun																
	Senior		V35		V40		V45		V50		V55		V60		V70+	
Male	Callum Elson	00:13:52	Vlad Krastev	00:16:20	Jonathan Wills	00:15:50	Innes Young	00:17:37	Matt Blakeley	00:18:29	Phil Burton	00:18:58	John Walker	00:22:14	Peter Sheppard	00:29:27
	Penn Relays 5000m (Track)	Apr-22	York Parkrun	Jan-24	Even Splits Leeds 5k	Oct-19	Even Splits York 5k	Mar-22	Penrose Parkrun	Feb-23	York Parkrun	Jul-22	Even Splits Leeds 5k	Jun-21	Roundhay Parkrun	Aug-18
Female	Laura Dransfield	00:18:19	Nicola Walmsley	00:19:40	Charlotte Wills	00:18:02	Susan Lewis	00:19:11	Morag Fowler	00:19:37	Carmel Barker	00:23:03	Mags Cook	00:25:59	Mags Cook	00:27:04
	Woodhouse Moor Parkrun	Feb-16	Canal Run 5k	Jul-19	Podium 5k	Nov-21	Roundhay Parkrun	Aug-21	Even Splits Leeds 5k	Nov-23	Heslington Parkrun	Mar-20	Poole Parkrun	Aug-18	Keswick Parkrun	Jun-22

10K																
	Senior		V35		V40		V45		V50		V55		V60		V70+	
Male	Callum Elson	00:30:14	Vlad Krastev	00:33:22	Steve Pinn	00:33:59	Gareth Sherratt	00:36:41	Matt Blakeley	00:37:22	Phil Burton	00:38:42	John Elliott	00:45:33	Peter Sheppard	00:56:15
	Ribble Valley 10K	Dec-21	Dewsbury 10k	Feb-24	Leeds Abbey Dash	Oct-19	York Spring 10k	Mar-22	Dewsbury 10k	Feb-23	Dewsbury 10k	Feb-20	Leeds 10k	Sep-21	Salford 10k	Sep-19
Female	Laura Dransfield	00:38:20	Nicola Walmsley	00:39:16	Susan Lewis	00:38:06	Susan Lewis	00:36:59	Morag Fowler	00:40:43	Carmel Barker	00:47:26	Jenny Higgins	00:53:44	Anne Lewis	01:00:37
	Bradford 10K	Mar-16	Dewsbury 10k	Feb-20	Salford 10k	Sep-19	Kew Gardens 10k	Sep-21	Leeds Abbey Dash	Oct-23	Leeds Abbey Dash	Nov-18	Dewsbury 10k	Feb-23	Leeds Abbey Dash	Nov-14

Overall Club Record

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10 Mile																
	Senior		V35		V40		V45		V50		V55		V60		V70+	
Male	<b>Callum Elson</b>	<b>00:51:29</b>	Andy Turner	00:57:30	Jon Wills	00:53:29	James Carvello	01:01:56	Matt Blakeley	01:04:42	Phil Burton	01:05:18	John Walker	01:16:36		
	<b>Vale of York 10</b>	<b>Jul-21</b>	Yorkshire 10	Mar-23	Tadcaster 10	Nov-19	Snake Lane 10	Feb-24	Tadcaster 10	Nov-21	Snake Lane 10	Feb-20	Tadcaster 10	Nov-21		
Female	Susie Armstrong	01:04:47	Hannah Carter	01:10:34	<b>Susan Lewis</b>	<b>01:02:29</b>	Susan Lewis	01:05:38	Julia Say	01:06:54	Carmel Barker	01:17:49	Jenny Higgins	01:33:02	Maureen Coffey	01:50:59
	Tadcaster 10	Nov-21	Yorkshire 10 mile	Oct-19	<b>Thirsk 10</b>	<b>Mar-20</b>	Snake Lane 10	Feb-23	Snake Lane 10	Feb-24	Thirsk 10	Mar-19	Tadcaster 10	Nov-22	Thirsk 10	Mar-19

Half Marathon																
	Senior		V35		V40		V45		V50		V55		V60		V70+	
Male	<b>Callum Elson</b>	<b>01:11:29</b>	Vlad Krastev	01:16:02	John Mcloughlin	01:17:08	James Carvello	01:21:31	Matt Blakeley	01:25:46	Phil Burton	01:26:17	Pete Rush	01:39:16		
	<b>Rock 'n' Roll Dublin HM</b>	<b>Aug-17</b>	Cardiff Half Marathon	Oct-23	The Brass Monkey	Jan-23	Middlesbrough Half Marathon	Mar-24	The Brass Monkey	Jan-24	The Brass Monkey	Jan-23	Monsal Trail Half Marathon	Apr-23		
Female	Susie Armstrong	01:26:22	Niamh Jackson	01:29:50	<b>Susan Lewis</b>	<b>01:24:27</b>	Susan Lewis	01:27:37	Julia Say	01:28:23	Nikki Eastwood	01:38:31	Mags Cook	02:22:18	Anne Lewis	02:25:05
	Big Flat Runway York	Apr-22	Leeds Half Marathon	May-19	<b>Chesterfield Half Marathon</b>	<b>Oct-19</b>	Robin Hood Half Marathon	Sep-23	Middlesbrough Half Marathon	Mar-24	Great North Run	Sep-22	Leeds Half Marathon	May-15	Vale of York HM	Sep-18

Marathon																
	Senior		V35		V40		V45		V50		V55		V60		V70+	
Male	<b>Franco Pardini</b>	<b>02:32:35</b>	Vlad Krastev	02:36:18	John Mcloughlin	02:44:59	Richard Gibbs	02:50:50	Jon Smith	03:06:27	Phil Burton	03:06:41	John Walker	03:55:30		
	<b>London Marathon</b>	<b>Apr-17</b>	Valencia Marathon	Dec-23	London Marathon	Apr-23	Boston Marathon	Apr-23	Berlin Marathon	Sep-23	Tokyo Marathon	Mar-23	Manchester Marathon	Oct-21		
Female	Laura Dransfield	03:03:01	Nicola Walmsley	03:17:43	Susan Lewis	02:57:49	<b>Susan Lewis</b>	<b>02:54:24</b>	Claire Howard	03:06:32	Carmel Barker	03:47:52	Mags Cook	04:49:19		
	London Marathon	Apr-16	London Marathon	Apr-19	Berlin Marathon	Sep-19	<b>London Marathon</b>	<b>Oct-21</b>	Boston Marathon	Apr-23	Yorkshire Marathon	Oct-18	Yorkshire Marathon	Oct-16		

**Overall Club Record**

### Other Notable Achievements

**Pete Wilkie - Montane Spine Race - 3rd Place 117:14:00 - Jan 2016**

**Franco Pardini - Gloucester Winter 50K - 1st Place 03:05:47 - Jan 2018**

**Susan Lewis - London Marathon - 3rd in Category 02:54:24 - Oct 2021**

**Callum Elson - Midsummer Night 10000m - Yorkshire Champion 00:30:12 - Jun 2021**

**Claire Howard - Boston Marathon - 1st in Category 03:06:32 - April 2023**

**Claire Howard - Hardmoors 160 - 1st Female (4th overall) 45:38:33 - May 2023**

**Golden Acre Relay - Men's Team Winners 2019 & 2021 - (Course Record 2019 - 43:13)**

**Endure 24 - Mixed Team Winners 2017 & 2018 - Callum Elson, Steve Pinn, Sara Elson, Tony Hodge, Chris Cobb (Mixed Team Course Record 40 laps)**

**Endure 24 - Womens Team Winners 2019 - Laura Reid, Alissa Sharma, Sara Elson, Kirsty Ryan, Nikki Eastwood (Ladies Course Record 37 laps)**

**PECO XC - Ladies Premier Division Winners (2019, 2020, 2022), Ladies Vets Premier Division Winners (2019, 2020, 2022, 2023, 2024)**

**Leeds Country Way Relay - Womens Team Winners (2019, 2023), Men's Vets Team Winners (2019)**