ROUNDHAY RUNNERS - CLUB RECORDS AND NOTABLE ACHIEVEMENTS

	1 mile															
	Senior		V35		V40		V45		V50		V55		V60		V70+	
Male	**Callum Elson**	**03:59:71**	Andy Turner	00:05:02	Steve Pinn	05:01:40	Jon Wills	04:44:00	Matt Blakeley	05:28:90	Matt Blakeley	05:42:00	Phil Burton	06:08:20		
	David Hemery Valentine Invitational	**Feb-22**	HPH Summer Mile	Jun-23	Leeds Golden Mile	Sep-19	HPH Summer Mile	Jun-24	Leeds Golden Mile	Sep-22	HPH Summer Mile	Jun-26	HPH Summer Mile	Jun-25		
Female	Laura Dransfield	00:05:40	Nicola Walmsley	00:05:32	Charlotte Wills	05:28:20	**Susan Lewis**	**05:19:80**	Morag Fowler	05:47:50	Hilary Humpleby	07:27:30			Maureen Coffey	00:09:04
	Leeds Golden Mile	Sep-13	Leeds Golden Mile	Sep-19	Leeds Golden Mile	Sep-21	**Leeds Golden Mile**	**Sep-21**	Leeds Golden Mile	Sep-23	HPH Summer Mile	Jun-23			Leeds Golden Mile	Sep-19

	5K / 5000m / Parkrun															
	Senior		V35		V40		V45		V50		V55		V60		V70+	
Male	**Callum Elson**	**00:13:52**	Vlad Krastev	00:16:14	Jon Wills	00:15:50	Jon Wills	00:15:39	Matt Blakeley	00:18:29	Phil Burton	00:18:58	Phil Burton	00:20:36	Peter Sheppard	00:29:27
	Penn Relays 5000m (Track)	**Apr-22**	York Parkrun	Apr-24	Even Splits Leeds 5k	Oct-19	Even Splits York 5k	Nov-24	Penrose Parkrun	Feb-23	York Parkrun	Jul-22	Even Splits Leeds 5k	May-26	Roundhay Parkrun	Aug-18
Female	Laura Dransfield	00:18:19	Nicola Walmsley	00:19:40	**Charlotte Wills**	**00:18:02**	Susan Lewis	00:18:28	Morag Fowler	00:19:37	Claire Howard	00:20:17	Mags Cook	00:25:59	Mags Cook	00:27:04
	Woodhouse Moor Parkrun	Feb-16	Canal Run 5k	Jul-19	**Podium 5k**	**Nov-21**	Even Splits York 5k	Oct-25	Even Splits Leeds 5k	Nov-23	Millhouses Parkrun	Nov-25	Poole Parkrun	Aug-18	Keswick Parkrun	Jun-22

	10K															
	Senior		V35		V40		V45		V50		V55		V60		V70+	
Male	**Callum Elson**	**00:30:14**	Vlad Krastev	00:33:22	Steve Pinn	00:33:59	John Mcloughlin	00:35:55	Matt Blakeley	00:37:22	Phil Burton	00:38:42	Phil Burton	00:41:57	Peter Sheppard	00:56:15
	Ribble Valley 10K	**Dec-21**	Dewsbury 10k	Feb-24	Leeds Abbey Dash	Oct-19	York 10k	Aug-25	Dewsbury 10k	Feb-23	Dewsbury 10k	Feb-20	Dewsbury 10k	Feb-25	Salford 10k	Sep-19
Female	Laura Dransfield	00:38:20	Nicola Walmsley	00:39:16	Susan Lewis	00:38:06	**Susan Lewis**	**00:36:59**	Morag Fowler	00:40:43	Carmel Barker	00:47:26	Carmel Barker	00:49:16	Anne Lewis	01:00:37
	Bradford 10K	Mar-16	Dewsbury 10k	Feb-20	Salford 10k	Sep-19	**Kew Gardens 10k**	**Sep-21**	Leeds Abbey Dash	Oct-23	Leeds Abbey Dash	Nov-18	Leeds 10k	Jun-24	Leeds Abbey Dash	Nov-14

Overall Club Record

ROUNDHAY RUNNERS - CLUB RECORDS AND NOTABLE ACHIEVEMENTS

10 Mile

	Senior		V35		V40		V45		V50		V55		V60		V70+	
Male	**Callum Elson**	**00:51:29**	Andy Turner	00:57:30	Jon Wills	00:53:29	Jon Wills	00:54:21	Matt Blakeley	01:04:42	Phil Burton	01:05:18	Phil Burton	01:12:07		
	Vale of York 10	**Jul-21**	Yorkshire 10	Mar-23	Tadcaster 10	Nov-19	Tadcaster 10	Nov-24	Tadcaster 10	Nov-21	Snake Lane 10	Feb-20	Snake Lane 10	Feb-25		
Female	Susie Armstrong	01:04:47	Hannah Carter	01:10:34	**Susan Lewis**	**01:02:29**	Susan Lewis	01:05:38	Julia Say	01:06:54	Carmel Barker	01:17:49	Jenny Higgins	01:33:02	Mags Cook	01:47:48
	Tadcaster 10	Nov-21	Yorkshire 10 mile	Oct-19	**Thirsk 10**	**Mar-20**	Snake Lane 10	Feb-23	Snake Lane 10	Feb-24	Thirsk 10	Mar-19	Tadcaster 10	Nov-22	Yorkshire 10 mile	Oct-24

Half Marathon

	Senior		V35		V40		V45		V50		V55		V60		V70+	
Male	Callum Elson	01:11:29	Dom Oddy	01:15:39	John Mcloughlin	01:17:08	**Jon Wills**	**01:10:09**	Matt Blakeley	01:25:46	Phil Burton	01:26:17	Phil Burton	01:31:23		
	Rock 'n' Roll Dublin HM	Aug-17	Great North Run	Sep-24	The Brass Monkey	Jan-23	**The Brass Monkey**	**Jan-24**	The Brass Monkey	Jan-24	The Brass Monkey	Jan-23	Belfast City Half Marathon	Sep-25		
Female	Kate Downie	01:26:08	Niamh Jackson	01:29:50	**Susan Lewis**	**01:24:27**	Susan Lewis	01:27:37	Julia Say	01:28:23	Claire Howard	01:29:02	Carmel Barker	01:52:54	Anne Lewis	02:25:05
	The Brass Monkey	Jan-25	Leeds Half Marathon	May-19	**Chesterfield Half Marathon**	**Oct-19**	Robin Hood Half Marathon	Sep-23	Middlesbrough Half Marathon	Mar-24	Gainsborough Half Marathon	Nov-26	East Yorkshire Half Marathon	Apr-24	Vale of York HM	Sep-18

Marathon

	Senior		V35		V40		V45		V50		V55		V60		V70+	
Male	**Franco Pardini**	**02:32:35**	Vlad Krastev	02:36:18	John Mcloughlin	02:44:59	John Mcloughlin	02:50:34	Jon Smith	03:06:27	Phil Burton	03:06:41	Phil Burton	03:15:23		
	London Marathon	**Apr-17**	Valencia Marathon	Dec-23	London Marathon	Apr-23	New York City Marathon	Nov-25	Berlin Marathon	Sep-23	Tokyo Marathon	Mar-23	Abingdon Marathon	Oct-25		
Female	Kate Downie	02:59:32	Nicola Walmsley	03:17:43	Susan Lewis	02:57:49	**Susan Lewis**	**02:54:24**	Claire Howard	03:06:32	Claire Howard	03:03:09	Carnel Barker	04:31:53		
	Amsterdam Marathon	Oct-25	London Marathon	Apr-19	Berlin Marathon	Sep-19	**London Marathon**	**Oct-21**	Boston Marathon	Apr-23	Valencia Marathon	Dec-25	Rob Burrow Leeds Marathon	May-23		

Overall Club Record

Other Notable Achievements

Pete Wilkie - Montane Spine Race - 3rd Place 117:14:00 - Jan 2016
Franco Pardini - Gloucester Winter 50K - 1st Place 03:05:47 - Jan 2018
Susan Lewis - London Marathon - 3rd in Category 02:54:24 - Oct 2021
Callum Elson - Midsummer Night 10000m - Yorkshire Champion 00:30:12 - Jun 2021
Claire Howard -Boston Marathon - 1st in Category 03:06:32 - April 2023
Claire Howard - Hardmoors 160 - 1st Female (4th overall) 45:38:33 - May 2023

Golden Acre Relay - Men's Team Winners 2019, 2021, 2024 - (Course Record 2019 - 43:13)
Endure 24 - Mixed Team Winners 2017 & 2018 - Callum Elson, Steve Pinn, Sara Elson, Tony Hodge, Chris Cobb (Mixed Team Course Record 40 laps)
Endure 24 - Womens Team Winners 2019 - Laura Reid, Alissa Sharma, Sara Elson, Kirsty Ryan, Nikki Eastwood (Ladies Course Record 37 laps)
PECO XC - Ladies Premier Division Winners (2019, 2020, 2022), Ladies Vets Premier Division Winners (2019, 2020, 2022, 2023, 2024)
Leeds Country Way Relay - Womens Team Winners (2019, 2023, 2024, 2025), Men's Vets Team Winners (2019)