



ANNUAL GENERAL MEETING 2018

MEETING INFORMATION

Date: 26th April 2018
Time: 8:15 PM
Location: North Leeds Cricket Club

AGENDA ITEMS

PRESENTER

1	Welcome and Annual Review	James Carvello
2	Composition and Election of the 2018/19 Committee	James Carvello
3	Summary of Annual Accounts 2017/18	Mary Butterworth on behalf of HL
4	Club Membership	Mary Butterworth
5	Social	Allison Munro
6	Kit	Ash Hewitt
7	Club Training / Session Planning	Laura Dransfield
8	Races	Ian Rayner
9	Welfare	Tony Hodge / Eileen Mitchell
10	Consideration of proposed resolutions <ul style="list-style-type: none">• Revision of Club Constitution• London Marathon Ballot Places• Club "Away Days"• Website Development (Race section)	
11	AoB	

OTHER NOTES OR INFORMATION

Minutes of the Roundhay Runners AGM held on Thursday 26th April 2018

Members attending: 41

Apologies from: Helen Lewis

1. Club Secretary AGM Introduction – 2017/18

- Congratulations to everyone who ran VLM in tough conditions, in particular Susan Lewis, 22nd Lady Overall, 3rd in age category and a new club record of 2:58.
- Each member of the committee will present a summary of their area and upcoming plans but please let them do so without interruption as they will allow time for any questions at the end of their presentation.
- Constructive discussions, avoiding heated debates, giving everyone the opportunity to speak and be listened to.

Annual Report – Presented by James Carvello, Club Secretary

- Thanks to the committee for their unwavering support and hard work over the past 12 months.
- Thanks to former committee members Allan, Ann and Alistair who have all stepped down during the past 12 months and ensured a seamless transition, providing advice and support to the new committee members during the handover.
- Thanks to all our run leaders and members who have volunteered throughout the year without whom all the activities within the club that we enjoy wouldn't be possible.
- Roundhay Runners has only existed for 9 years and the committee recognises that we need to keep moving forward. It's been a very exciting 12 months which have seen some fantastic developments and countless achievements. RR is on the map!
- Membership increased over the past 12 months by around 60%. The growth in numbers and the different makeup in the club membership provided a need for change.
- Committee recognises the need to respond to the needs of our members, keeping it current and attractive to new members. Provide a positive environment within the club and quality training sessions where all our members of different abilities can flourish and achieve their running goals.
- Reinforcing the identity of the club with the aim of being inclusive to all members regardless of running goals and abilities.
- Effective decision making and listening to our members we set about ensuring the club has the right infrastructure, environment and training and development to be competitive and successful going forward.
- Move to North Leeds Cricket Club (NLCC) in January 2018 has given the club a greater identity and position of strength for the future.
- Efforts to improve communication to our members. Development of the club's website. Keep members informed of club activities via Facebook, Twitter and Thursday night briefings. The aim is to improve communication further over the next 12 months. Actively encouraging members to make a contribution, share ideas or concerns and ensuring they are listened to.

- The introduction of our first ever RR Beginners courses which started in May 2017 have proved hugely successful by getting people running and created a huge level positivity that was felt throughout the whole club.
- Appointed our first Mental Health Ambassadors in Mark Ayre and Mary Butterworth and introduced our monthly run and talk events which have been hugely successful in using running to remove the stigma surrounding mental health.
- Thanks to Allison Munro for all the social activities throughout the year which have been very well attended and created a fantastic vibe and enjoyment within the club. The committee recognizes the importance of such activities which provide a break from the rigours of training and races.
- Ongoing development of the clubs training structure. Thanks to Laura for all her hard work who has been supported by the session planning committee of myself, Ann, Steve and the other LiRF qualified members. We recognise the need to develop the clubs training structure and adapt as necessary where possible.
- Fantastic individual and team achievements over the past year in all different type of races. We recognise racing is very much a cornerstone of our club and we have tried to encourage our members to enter races by creating a positive inclusive attitude around this and not putting anyone under any pressure.
- Fantastic attitude and level of support that our members have for one another. Healthy competition within the club. How hard people work to improve their running.
- This has borne some fantastic achievements being the largest club represented at Leeds Abbey Dash, countless PB's, club records broken in pretty much every age category for both Men's and Ladies and finally the unprecedented success we had at PECO XC by winning 6 individual and 4 team awards.
- I'm very excited for the next 12 months and I'm sure with the committee we have and our fantastic members we can strive for even greater success. The committee realises we can't stand still and we want to keep improving and are always keen to listen to new ideas from our members.
- Running can be a cruel sport and things don't always go your way but being part of a club like ours and the support we have for one another it makes it far easier to pick yourself up, get back running and try even harder to improve.
- Finally I'd like to thank all our members for the support you've given in the past 12 months; making it such a phenomenal year! Keep training hard, racing hard but most of all keep enjoying it and you can all achieve your goals!

2. Composition and Election of the 2018/19 Committee

- All the existing committee members indicated their willingness to remain in role and as there were no nominations from members for any roles the committee were sworn in for a further 12 month.

3. Summary of Annual Accounts 2017/18 – Presented by Mary Butterworth, Membership Secretary

In the absence of the club treasurer Helen Lewis the account were presented by Mary Butterworth.

Copies of the accounts were circulated to members.

- The main sources of income were members' subs, kit sales, PECO race we hosted, Beginners courses and the Bardsey Blast race.
- The main items of expenditure were UKA subs and fees, Entry central charges, Tennis & cricket club costs, kit purchases and funding for LiRF courses for run leaders.
- We paid the balance on the new website, £75 Donation to the charity BRAKE from the sale of the hi-viz bibs and we purchased signs & flags which will be used at future events.
- We had ample stock of kit at the end of the year. This includes the recent purchase of bobble hats and hoodies. We currently have a high turnover of kit sales due to the increase in membership numbers.

Going forward, for the year 2018/19:

- UKA subs have increased by £1 to £15 per person and the cricket club costs are slightly higher than the tennis club. However as we have a healthy bank balance we have decided to keep the subs the same as last year at £25 for first claim members.
- Already this year we have made a donation of £200 towards the setup costs of Potternewton Parkrun, Pizza & Prosecco Evening which spent around half of the proceeds of the PECO race. We have had to buy a replacement tent frame due to the damage of the old one, and have also committed funding for coaching courses.

Queries from members.

- ***Are we getting good VFM from Entry Central?***

Given that all the committee hold down full time jobs as well as their involvement in many club activities and duties the committee feels that using Entry Central to take on some of the admin burden has been a positive move. Also the new General Data Protection Regulations (GDPR) that have come into force recently have also confirmed the need for this.

4. Club Membership – Presented by Mary Butterworth, Membership Secretary.

- We ended the year with 270 members, and at the time of the meeting we had a total of 161 for the year 2018-19:
153 first claim;
5 second claim
3 social members
- 22 of these are new members so we are still expecting a number of existing members to renew. Membership Fees have been left as described in summary of accounts. Members intending to renew are requested to do so asap as this will greatly help with England Athletics registrations. The club currently has an age range of 19-76 with 52% female and 48% male.
- We are currently running a beginners group which is due to finish with parkrun graduation on 2nd June 2018, with a further course intended for later in the year.

5. Social – Presented by Allison Munro, Social Secretary

- This has also been another busy year on the social front, and one of the highlights has been that lots of the new members we have welcomed to the club have attended (and hopefully enjoyed) many of the events we've organised.
- A couple of days after last year's AGM we had a Tennis Social at our former winter home of Roundhay Tennis Club, which was followed in June by the Spring Bling Social, which was well attended and has become an annual event to celebrate everyone's achievements in the first half of the year.

- Throughout the year we have had a number of volunteering sessions with the Friends of Roundhay Park. They are always very appreciative of our help and I'm sure that everyone who's come along would agree that as well as being an excellent opportunity for some cross training they are really rewarding and give you a different perspective on the park. If you'd like to give it a try our next session will be on Saturday 12 May 2018.
- As we headed into autumn around 60 people came to Curry Night, which was our highest attendance ever, and a smaller group of us enjoyed a trip out of our comfort zones to the Leeds Climbing Lab.
- Many of us enjoyed the celebrations after a successful if freezing cold morning at the Abbey Dash in November, and of course December brought the main event in our social calendar, the RR Christmas Party.
- For the first time ever we had more than 100 members in attendance, and as always the highlight was the awards ceremony, where Innes did a fantastic job. The lucky winners of the club's two London Marathon places were Sara Elson and Helen Kennedy who, along with all of our other runners, did the club proud in punishing conditions last Sunday.
- The New Year got off to a busy start with our PECO event on 7 January 2018, which as well as the race itself included a social afterwards, where we were asked to cater for 200-250 people. As we all know the club had an incredible PECO season, and thanks to a fantastic team effort I'm confident that if there had been an award for hospitality we'd have won that too.
- Another Curry Night followed at the beginning of March, with a great turnout in spite of the dreadful weather.
- Most recently the committee hosted a fundraising event for the local Domino's pizza shop with our Pizza & Prosecco PECO Celebration; we've not had a social like that before but we were really pleased by how much everyone seemed to enjoy it.
- Next on the agenda is the Yorkshire Vets race on 8th May 2018 - thanks very much to everyone who's kindly offered to bake for the post-race social.
- This year's Spring Bling Social is already booked for Saturday 16 June 2018 at Sylva in Oakwood - full details are on our Events page on Facebook, this is always really good fun and everyone is very welcome.
- The fantastic outside space at our new home here at the cricket club clearly lends itself to outdoor socialising, so I'm liaising with them to sort out a date for a bbq in the summer.

In the meantime we have drinks here after training every Thursday evening, and I'd like to finish by thanking everyone for supporting our social events this year.

6. Kit – Presented by Ash Hewitt, Kit Secretary

- Ok, firstly, it was always going to be a big set of shoes to fill when Ann stepped down, not to mention finding room for all of the kit!
- A new Kit Order form was introduced which integrated nicely to the new RR website. The website has its own kit tab with products and prices listed, and with pictures. The request is submitted through the form, and comes directly to the RR kit mailbox and then actioned by myself.
- Kit Collection events were setup on the RR Facebook group, for the long run week, which has helped to know who will be attending and who is unable to make it that week.
- The large influx of new members last year, has also meant increased sales! That was mainly down to the PECO XC Series and Abbey Dash. We have recently received another large kit order and all kit items are currently in stock.

- A number of new kit items that have been added to the RR catalogue. Firstly, the RR branded hi-viz vests, these have been very popular and a great addition. We have just taken stock of the RR Bobble hats, so if you wish to buy one of those for winter, they are £9 each. Also, the new RR branded event race clips which are £4 a set. All these kit items are now available to buy via the Kit Order Form on the RR website.

7. Training / Session Planning – Presented by Laura Dransfield, Training Coordinator

- Took over from Alistair in August 2017 and continued to work with the session planning team - James, Alistair, Ann, and new addition of Steve Pinn.
- Fortnightly training schedule - Tuesday trail (Adrian / Pete), Track (myself & LiRFers), Thursday Intervals and long run.
- Hosted three run leader briefing sessions this year for long run leaders.
- Thank you to everyone who has volunteered. Current pool of 45 volunteers - approaching 50 when including those assisting Mary & Joe with the Beginner courses.
- Leadership in Running Fitness - 5 members completed in the last year (Steve Pinn, Mark Ayre - Mental Health Ambassador, John Allison, Mary Butterworth, Joe Steele).
- Hosted two LiRF refresher sessions.
- Acknowledged that long run groups have been increasing in size, spread out. Looked at various options. Trialled model similar to Hyde Park Harriers. Initial anxiety. Generally positive response. Smaller group sizes, safer for run leaders, members know they can find a group for them.
- Hosted two marathon workshops which members have found very useful and continue to be well attended.
- Successful application for Club Run - scheme pitched at competing club runners. Support leaders, coaches and runners in working towards a specific race or improving performance at an event distance. Darren Middleton endurance coach with lots of credentials. 3 x 2 hour coaching sessions over a three month period. Requested July-Sept in build up to Abbey Dash.

Planning ahead:

- Committee has agreed to use club funds to support three LiRFers on the session planning team to undertake the CiRF (Coaching in Running Fitness) course - Ann, James and I are committing to three months of training followed by an assessment.
- Update the current volunteer pool in line with the new pace based groups.
- Continue to offer run leader briefings, review LiRF position, continue biannual marathon workshops.
- Look at offering workshops and assistance with training schedules for other run distances - this will develop in parallel with Club Run and CiRF presence at RR.

8. Race Report – Presented by Ian Rayner, Race Secretary

- Fair to say we've had a fantastic year, and we now have a few members who have genuine chance of standing on the podium or even winning events on a regular basis.
- Cast your mind back to April 2017 we had 11 members running London Marathon, almost all gaining PB's, with Franco finishing in the top 100 and setting a new club record of 2:32:35.
- We had over a dozen members who made the trip to the Edinburgh Marathon Festival.

- Ed Powell joined the elite group of runners who have completed all 6 major marathons, posting an impressive PB at Tokyo Marathon.
- Callum Elson kept the Darlington 20 mile title in RR hands following Franco winning it in 2017.
- At the meeting I wrongly credited Callum with a time of 30:07 for the Ribble Valley 10k. Think I got my Callum's mixed up, as his time was actually 33:23. His best was at Clitheroe where he posted 32:24 and a new club record.
- Franco followed up his London Marathon performance with notable wins in Melmerby 10k, Holmfirth 15 mile and Gloucester 50k, (3:05:47). The latter performance earning an England vest, which was unfortunately curtailed by injury.
- At Eccup 10, 26 foxes ran and Susan Lewis picked up first in her category award.
- At Leeds 10k, 17 foxes ran with. Callum finishing 2nd overall and Susan Lewis picking up 1st Lady.
- At Abbey dash, we had over 70 runners with Anne Lewis, 1st in her category with a brilliant 61:03, improving on her time from 4 years previous at the same event.
- At East Hull 20, we had 8 runners with Susan Lewis picking up 1st Lady
- At Vale of York 10 there were no individual honours but Laura Dransfield, Laura Reid & Kirsty Ryan won the ladies team prize.
- At Hornsea 1/3 Marathon James Carvello finished 3rd overall, Susan Lewis was 1st Lady and Sara Elson was 1st in her category. Roundhay Runners also won the team award.
- At Greater Manchester Marathon in April Innes & Hannah sneaked a Marathon in with Innes going sub 3:30 for the first time and daring the organisers to remeasure the course. There was also a fantastic marathon debut time of 2:54:04 for Richard Gibbs.
- At Yorkshire Vets Series Matt Blakeley picked up 3rd in category for the series, with Niamh Jackson (Kirkstall Harriers), taking 2nd in category. Great series, similar to PECO, with lots of prizes at each event. Roundhay are organising the next event on 8th May 2018.

Club events

- 4 teams braved the Danefield Relay. Great friendly event, enter on the night. Sort yourself into teams and enjoy some hills. This year's event is on 3rd July. Don't forget your smidge!
- We took 5 teams to the Washburn Valley Relay – Our top performers were Allan Dodds, Susan Lewis & Tony Toulson who finished 3rd in the mixed teams with Susan Lewis setting a new course record for leg 2. This year we intend to pick a competitive club representative team, and possibly pull names out of a hat for the remaining teams.
- We had 3 teams at the Leeds Country Way Relay, with our top team finishing 8th. Allan Dodds & James Carvello picked up the prize for fastest pair on leg 3, in leg 5 Laura Reid & Natalie Saunders took the honours for the Ladies and Niamh Jackson representing Kirkstall picked up the award for fastest mixed team.
- And finally, onto PECO XC Series. Fantastic support this year from the whole club. Over 100 people ran at least 1 event, a dozen members ran all 5 races. We picked up loads of awards. (or at least we will, eventually)
- At Roundhay PECO we had over a 100 members involved either running or volunteering, in what was easily the best event of the series, (and I'm only slightly biased). Consider 2 years ago we struggled for both men's and ladies teams in some of the races, this is a magnificent achievement.

- The end of season PECO relay's followed by prize giving are on 6th May at Beckett's Park. Event is on Facebook and needs some support.

9. Welfare – Presented by Tony Hodge, Welfare Officer

- There was an incident at the PECO event organised by RR, where a junior runner pulled out of the race and was reported missing by her parents. Although the junior was never actually missing it took some time to establish her whereabouts causing some anguish to the parents. The investigation was led by Tony Hodge who compiled a full report including recommendations for future events which has been shared with the PECO league committee.
- The club constitution needs to be revised, to take account of the new General Data Protection Regulations and also to enable the needs of the increased membership to be better addressed. Tony Hodge has prepared a draft document to be circulated to all members, following which an EGM (Extraordinary General Meeting) will be convened, to discuss and adopt the proposals.

10. AOB – Presented by James Carvello, Club Secretary

- There was a proposal to change the way the Club allocates their London Marathon club entries. Currently these places are drawn during the Christmas party. Members who fulfill the following criteria are invited to put their name forward:
 - Must have been a paid up first claim club member when they entered the main ballot.
 - Must have received a rejection Magazine / email from Virgin Money London Marathon.
 - Must not have run London Marathon through a club place previously.

The proposal was to also exclude any club member from entering the club ballot who had previously run London Marathon, regardless of how they obtained their entry.

Those in attendance voted unanimously to keep the current system which will therefore remain in place to select club entries for London Marathon 2019.

- There was a proposal to organise club away days. This would target a race where the aim would be to get as many members as possible to enter or support, and organize transport / car share, possibly finishing with a meal. Post Meeting Note- we have targeted Apperley Bridge Canter on 31/05 for the first event. We have around 30 members entered and the race is now full. Supporters are more than welcome.
- It was proposed that we should have a race calendar. This has been prepared and will be on the club website shortly. All members are asked to advise of events they feel should be added.
- The club Gazebo was damaged during the PECO event at Temple Newsam. Unfortunately it was impossible to repair the frame and the committee have agreed to purchase a new one. Innes Young asked if it was planned to purchase weights for the legs and it was confirmed this was the intention. PMN- Frame has now been purchased and has been used at both the recent Yorkshire Vets race organised by RR, and at the Leeds Half Marathon Supporters club. Although weights have not been currently purchased there are substantial guy ropes which have been used and need to be used at all times. This is open for discussion.
- James Carvello stressed that the club would welcome any member coming forward to assist with the new website. Interested members are encouraged to speak to James or any member of the committee.