

# Roundhay Runners Newsletter

## Spring 2018

Hi Foxes - Welcome to the Spring 2018 edition of our RR Newsletter. 2018 has certainly got off to an exciting start with loads going on in the club. There has been a number of fantastic achievements from our members, PB's galore and the unprecedented success the club enjoyed at PECO XC series (more on that later).

I'm sure with your continued support in the year ahead Roundhay Runners will continue to go strength to strength. As always if you have any questions about the club or suggestions on how we can improve things (including this newsletter), please get in touch with myself or any member of the RR Committee.

## RR Membership Renewals 2018/19

Over 170 of you have now joined or renewed your membership for the next 12 months. A very warm welcome to all our new members and everyone who has renewed, we hope you all enjoy being part of Roundhay Runners for many years to come.

If you're planning to renew, please can you add it to your list of things to do so we can process all the membership details with England Athletics. Membership Fees for first claim members are unchanged at only £25 for the year which includes registration to England Athletics and entitles you to attend all club training sessions and social events throughout the year.

To renew your membership go to: [https://www.entrycentral.com/Roundhay\\_Runners](https://www.entrycentral.com/Roundhay_Runners)

## PECO Relays – Sunday 6<sup>th</sup> May

The end of season PECO Relays have finally been confirmed for Sunday 6<sup>th</sup> May at Beckett's Park, Headingley. Congratulations to Laura Dransfield, Susan Lewis, Nikki Eastwood and Richard Gibbs who have all been chose to represent the PECO League Teams. We have chosen a club representative team of Matt Blakeley, Joe Butler and Emma Dransfield. The relays are open to ALL and additional teams can also be entered

on the day. If you'd like to run further details can be found on the [PECO website](#) or in the [RR Facebook Event](#).

The league presentations will also take place after the relay from 12.30pm onwards at the New Headingley Club on St Michael's Road, Headingley LS6 3BG. After our exceptional PECO XC season we will be receiving a number of team and individual awards so I look forward to seeing a number of you there on Sunday.

### **Yorkshire Vets Race, Roundhay Park – Tuesday 8<sup>th</sup> May**

Next Tuesday 8<sup>th</sup> May, the club is proud to be hosting Race 2 in the YVAA Grand Prix Series at Roundhay Park. Thank you to everyone at the club who has offered to volunteer or marshal on the night. It would also be great to see a number of you turning out on the night to support the event and your fellow club runners.

The race starts at 7.30pm and registration is at North Leeds Cricket Club. Entry is £5 on the day. Changing facilities and toilets are available at NLCC. Refreshments along with soup and a roll will be available after the race at North Leeds Cricket Club, there will also be a CASH ONLY bar in operation.

You must be eligible to run in the series and have registered on the [YVAA website](#) at least 12 hours before the race. They are a great series of races and if you are eligible and are considering taking part then I'd encourage you to do so.

### **Club Away Night – Apperley Bridge Canter – Thursday 31<sup>st</sup> May**

We are having a club away day on Thursday 31<sup>st</sup> May at the Apperley Bridge Canter which is being hosted by Horsforth Harriers. Further details are here on our [Facebook event](#).

Now in its 14<sup>th</sup> year the ABC is a friendly, well organised local race and great value at only £11.50 which includes a race memento and a chocolate bar. The route is multi-terrain, on tracks, paths and quiet country lanes. Several foxes have already signed up for the race and with only 100 places left it is likely to sell out soon so please enter ASAP at [https://bookitzone.com/phil\\_mcgeever\\_1/9k2FFX](https://bookitzone.com/phil_mcgeever_1/9k2FFX) to avoid disappointment.

The intention is to organise an RR Car Share departing from North Leeds Cricket Club, further details will follow in due course.

Please note - The RR Spring Club Handicap has now been postponed until Thursday 14<sup>th</sup> June. Details of any club training session on the 31<sup>st</sup> May will be made available closer to the date.

## **Upcoming Social Events**

Our annual Spring Bling Social will be on Saturday 16<sup>th</sup> June in the upstairs bar at Sylva in Oakwood, where an area will be reserved for us. This event is to celebrate the many and varied achievements of RR members so far this year - running, cycling, triathlons, or maybe you'll have completed our latest Beginners course.

If you're planning on attending please accept the invite in the [Facebook event](#) or speak to Allison Munro so we have an idea of numbers. All club members are welcome (bling isn't compulsory!) for what is always a fantastic evening and a great opportunity for our newer members to get to know us better.

Our next volunteering session with the Friends will be on Saturday 12<sup>th</sup> May at 10.00am, meeting at the old coach houses behind the Roundhay Fox. All welcome, the more the merrier, and a great opportunity to contribute to the upkeep of our beautiful park.

**'Save the Date'** for our Summer BBQ which will be held at North Leeds Cricket Club on Saturday 11<sup>th</sup> August. All RR's are welcome and further details will follow in due course.

## **Stay Connected!**

Given the recent influx of new members joining, it's a good opportunity to let everyone know about the various options there are to connect to Roundhay Runners.

Firstly we have the [Roundhay Runners website](#) which was revamped last year and we are looking to develop further over the next 12 months. As well as the main [RR Facebook Group](#) we also have our [Roundhay Runners Facebook Page](#) which we have set up to provide details of our weekly training sessions, club races and club social events, so please give it a 'like' so you don't miss out on vital information.

We also have a number of very active Facebook groups which will be of interest to a number of our members; [RR run buddies & banter](#) is where a whole range of topics are up for discussion from sorting an adhoc run to arranging drinks in the pub! The other Facebook groups are more self-explanatory; [RR Marathoners](#), [Runners & Riders](#)

(triathlon & duathlon), [RR Pilates](#), [RR Yoga](#) and [Roundhay Runners book club](#). We also have an active [Roundhay Runners twitter page](#) so please give us a 'follow'

### **London Marathon Public Ballot is OPEN!!!**

If you were inspired by the amazing scenes of over 41,000 runners and following the progress of fellow club members taking part in last month's London Marathon, the public ballot entry for the 2019 event is now open. The ballot entry closes in less than 24 hours at 17:00 on Friday 4<sup>th</sup> May. You can enter the ballot by clicking on the link below:

[ENTER THE VMLM BALLOT](#)

If you're not one of the lucky ones to get a place in the public ballot, there is always the chance you might get a place in the RR Club Ballot, which will be drawn later in the year.

### **And Finally.....**

Thank you to everyone who attended our AGM on Thursday 26<sup>th</sup> April, it was great to see so many of you there. The Committee really appreciate your continued interest and support. All the existing committee were re-elected unopposed and will continue in their committee roles for the coming year. Minutes of the meeting will be made available in the near future.

Happy Running!

James Carvello – Club Secretary